taichi-brighton.com

Sabre

- 1.
- 1.Ready Style
- 2.Tai Chi beginning style
- 3. Grasping bird's tail
- 4.Brush knee twist step
- 5. Separating the sabre
- 6.Dodge and display the sabre
- 7. Picking a star on the left
- 8. Advance to tease the genitals
- 9. Withdraw to divert with the sabre
- 10.Pierce the heart
- 11. Hang the golden bell on the left
- 12. Push open the window to watch the moon
- 13. Swivel and chop
- 14. Swivel and tease the genitals
- 15. Hanging the golden bell on the left
- 16.Climb the mountain to look into the distance
- 17. Sparrow hawk turning around
- 18.Roc spreading its wings
- 2.
- 19.Swallow entering its nest
- 20. Advance and divert with the sabre
- 21.Stab the face
- 22. Swivel hiding the sabre
- 23. Point to the trousers with the sabre
- 24.Chop the tiger
- 25.Swallow entering its nest
- 26.Advance and divert with the sabre

- 27.Pierce the heart
- 28. Swivel hiding the sabre
- 29. Above three opening style

3.

- 30. Taking off the boots when drunk
- 31.Lying fish style
- 32.Cloud sabre and hiding the sabre
- 33.Stab the face
- 34. Turn around and chop
- 35. Searching the sea
- 36.Retrieving the moon from the sea
- 37. Hanging the golden bell on the left
- 38. Opening the window to watch the moon
- 39. Seven stars style
- 40. Hungry tiger jumps over the stream
- 41. Stab the face
- 42.Lying tiger style
- 43. Hiding the sabre style
- 44.Pierce the heart
- 45. Coiled dragon

4.

- 46. Coiled dragon stepping quickly
- 47.Lying fish style
- 48. Cloud sabre and hiding the sabre
- 49. Pierce the heart
- 50.Lying tiger style
- 51.Lying fish style
- 52. Cloud sabre and hiding the sabre
- 53.Stab the face
- 54.Lying tiger style
- 55.Lying fish style

- 56. Cloud sabre and hiding the sabre
- 57.Pierce the heart
- 58. Swivel and chop
- 59. Searching the sea
- 60. Sweeping a thousand soldiers

5.

- 61. Picking a star on the left
- 62.Chop the tiger
- 63. Returning horse carrying a bell
- 64.Embracing the moon
- 65. Rowing the boat with the current
- 66. Flying oblique style
- 67. Advance and chop with the sabre
- 68. Swivel and chop
- 69. Searching the sea
- 70. Sweeping a thousand soldiers

6.

- 71. Shooting star chasing the moon
- 72.Chop the tiger
- 73. Cloud dragon playing in the water
- 74. Swivel and chop
- 75. Advance and chop
- 76. Hiding the sabre style
- 77.Pierce the heart
- 78. Picking a star on the left
- 79.Return the sabre style
- 80.Brush knee twist step
- 81.Tai Chi in unity
- 82.Finishing

8 jin sabre

When practising the Sabre, we employ movements such as spring up, shift, dodge and display. The sabre is entwined like a belt round the waist and then shoots out; when the steps change the body shifts; advance one step, withdraw one step; chop once, cut once. Hand and sabre in conjunction; coil and spin, rise and fall; like a long rainbow passing through the skies. Like a swirling wind rotating snowflakes.

Pi to chop/split from various angles

Ci to stab/pierce

Tan to search out, slashing upwards to the groin

Tou to push up left hand supporting the blade

Ti to lift an upward diversion

Liao to stir diversion and slash in a continuous movement

Chen to sink diverting an attack by pressing downwards

Lu to divert an attack to the side